

2022 October

OSSEO AREA SCHOOLS

Middle School Breakfast

ISD  279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Pancake Turkey Sausage Breakfast Bites Hashbrown Patty Fruit 100% Fruit Juice Milk	French Toast Chicken Sausage Patty Applesauce Cup 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Milk	Dutch Waffle  Fruit 100% Fruit Juice Milk	Breakfast Pizza (Turkey sausage and cheese)  Yogurt Fruit 100% Fruit Juice Milk
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Pancake Turkey Sausage Breakfast Bites Hashbrown Patty Fruit 100% Fruit Juice Milk	Whole Grain Cinnamon Roll  Fruit 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Milk	Breakfast Burrito (Chicken Sausage, Egg and Cheese on a Tortilla)  Applesauce Cup 100% Fruit Juice Milk	Pancakes Hashbrown Patty Fruit 100% Fruit Juice Milk
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Pancake Turkey Sausage Breakfast Bites Hashbrown Patty Fruit 100% Fruit Juice Milk	French Toast Chicken Sausage Patty Applesauce Cup 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Milk	<b>No School</b>	<b>No School</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Pancake Turkey Sausage Breakfast Bites Hashbrown Patty Fruit 100% Fruit Juice Milk	French Toast Chicken Sausage Patty Applesauce Cup 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin)  Fruit 100% Fruit Juice Milk	Breakfast Burrito (Chicken Sausage, Egg and Cheese on a Tortilla)  Applesauce Cup 100% Fruit Juice Milk	Whole Grain Glazed Long John  Fruit 100% Fruit Juice Milk
<b>31</b>				
Pancake Turkey Sausage Breakfast Bites Hashbrown Patty Fruit 100% Fruit Juice Milk				

**Additional Cold Option may include:**

- Hardboiled Egg with Graham Cracker
- Assorted Cereal with Yogurt or Cheese Stick
- Breakfast Bar and Yogurt or Cheese Stick
- Giant Goldfish Cracker and Yogurt or Cheese Stick
- Breakfast Bread and Yogurt or Cheese Stick
- Breakfast Muffin and Yogurt or Cheese Stick

\*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.