2021 December

OEC and OALC High School Lunch Menu



OEC and OALC High School Lunch Menu ISD 🥌 279				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Cheeseburger	Bread Chicken Sandwich (Regular	Cheeseburger
		-	and Spicy)	-
		Curly Fries	Sidewinder Fries	Chips
		International Cuisine	International Cuisine	International Cuisine
		Penne Grilled Chicken Alfredo	Brunch For Lunch	Orange Chicken with White Rice
		Breadstick	French Toast	Chicken Potsticker
			Chicken Sausage Patties	
		01	Hashbrown Patties	0:0:
		Steamed Seasoned Broccoli Fresh Fruit	Honey Ginger Steamed Carrots	Ginger Stir-Fry Vegetables
		Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables
		Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
6	7	8	9	10 10 10 10 10 10 10 10 10 10 10 10 10 1
0	Bread Chicken Sandwich (Regular	0	Bread Chicken Sandwich (Regular	10
No School	and Spicy)	Cheeseburger	and Spicy)	Cheeseburger
	Sidewinder Fries	Curly Fries	Sidewinder Fries	Chips
	International Cuisine	International Cuisine	International Cuisine	International Cuisine
				Shredded Chicken Burrito Bowl with
	Hot Beef and Cheddar Hoagie	Chicken Tenders	Pizza	Flour Tortilla
	Sidewinder Fries	(Regular and Spicy)	Turkey Pepperoni or Cheese	Cilantro Lime Rice
		(gaia: a.ia opioj)	Caesar Salad	Southwest Beans
		Mashed Potatoes and Chicken		
	Oven Roasted Curry Cauliflower	Gravy	Parmesan Spinach Alfredo	Chipotle Cinnamon Sweet Potatoes
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
13	14	15	16	17
Chassahurgar	Bread Chicken Sandwich (Regular	Chanachurgar	Bread Chicken Sandwich (Regular	Chasashurgar
Cheeseburger	and Spicy)	Cheeseburger	and Spicy)	Cheeseburger
Curly Fries	Sidewinder Fries	Curly Fries	Sidewinder Fries	Chips
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
Thai Sweet Chili Chicken	Cheesy Beef Totchos	Breaded Chicken Drumstick	Beef Meatball Sub	Burrito Day
White Rice	Southwestern Rice	Mashed Potatoes	Sidewinder Fries	Shredded Beef Chili Colorado OR
111111111111111111111111111111111111111				Chicken Pollo Verde
Chicken Potsticker		Chicken Gravy		OR Bean and Cheese Chili Relleno
		•		Burrito
		Dinner Roll		Southwestern Rice
Ginger Stir-Fry Vegetables	Savory Green Beans	Buttered Corn	Citrus Pineapple Butternut Squash	Steamed Seasoned Broccoli
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
l		3]	
				Peppermint Stick Frozen Yogurt Cup
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
20	21	22	23	24
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
27	28	29	30	31
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
Willier Break	Winter Break	Willer Break	Willier Break	Winter Break

IN SCHOOL OFFERED DAILY:

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.